

# 3rd Mountain Bike Orienteering World Championships 2005



## Bulletin No. 3

**Organiser:** IOF – International Orienteering Federation [www.orienteering.org](http://www.orienteering.org)  
Slovak Orienteering Association - [www.orienteering.sk](http://www.orienteering.sk)  
Sports club BIKO Banska Bystrica (local organiser)

### **Location:**

Europe - Slovakia – Banska Bystrica and surroundings

20 km from Banska Bystrica is the geographical centre of Europe

Banska Bystrica - old historical town  
- situated in a beautiful mountain area



- the town with a rich sport history  
- the centre of region  
- population of 80.000 people



**Date:** 5th –11th September 2005

**Access:** <http://mapy.atlas.sk/mapa/BBcity>

### **By plane:**

#### **Distance:**

Banska Bystrica – Airport Sliac (SVK)	- 15 km (flights to Prague)
Banska Bystrica – Airport Zilina (SVK)	- 105 km (flights to Prague)
Banska Bystrica – Airport Bratislava (SVK)	- 205 km
Banska Bystrica – Airport Wien – Schwechat (AUT)	- 260 km
Banska Bystrica – Airport Budapest (HUN)	- 190 km
Banska Bystrica – Airport Krakow (POL)	- 220 km
Banska Bystrica – Airport Prague (CZE)	- 490 km

## Flights to and from airport Sliac and Zilina:

### Prague PRG (CZE) – Sliac SLD (SVK) (Czech Airlines)

Validity	Days	Flight	Depart	Arrival	Type
07Jul - 16Sep	Mo Tu We Th Fr – Su	OK0952	PRG 21:40	SLD 22:50	ATR

### Sliac SLD (SVK) - Prague PRG (CZE) (Czech Airlines)

Validity	Days	Flight	Depart	Arrival	Type
07Jul - 17Sep	Mo Tu We Th Fr Sa --	OK0953	SLD 05:00	PRG 06:15	ATR

### Prague PRG (CZE) – Zilina ILZ (SVK) (Czech Airlines)

Validity	Days	Flight	Depart	Arrival	Type
15Jul - 28Oct	Mo Tu We Th Fr – Su	OK0954	PRG 12:25	ILZ 13:30	ATR

### Zilina ILZ (SVK) - Prague PRG (CZE) (Czech Airlines)

Validity	Days	Flight	Depart	Arrival	Type
15Jul - 28Oct	Mo Tu We Th Fr – Su	OK0955	ILZ 14:15	PRG 15:25	ATR

We are organising transport from: Airport Wien, Bratislava, Sliac, Zilina, Budapest and back.

#### Transport price:

From and back to the airport:

Sliac (SVK) – Banska Bystrica:	10,-€/person, 5,- €/bike
Zilina (SVK) – Banska Bystrica	20,-€/person, 10,- €/bike
Bratislava (SVK) – Banska Bystrica:	45,- €/person; 15,-€/bike
Wien (AUT) – Banska Bystrica:	60,-€/person, 15,-€/bike
Budapest (HUN) - Banska Bystrica:	45,- €/person, 15,-€/bike

It is possible to pick you up from one airport and give you lift to another. In this case the price can be calculated as half price of first and half price of second transport available.

Please, include details of your arrival and departure.

For teams which require transport to and from the airport: send us your exact date, time and airport name. It is possible that transport will not be provided immediately after your arrival. The organiser may collect more than one team. This will be announced by email.

#### Road connection:

There are three main approaches to Banska Bystrica:

- from north (direction Martin, Ruzomberok)
- from east (direction Brezno)
- from west (direction Zvolen, Bratislava, Budapest, Brno)

Highway charges in Slovakia:

Prices:

Up to 3,5 ton:	week: 150,- Sk (4,-€)	month: 300,- Sk (8,-€)
from 3,5 to 12 ton:	week: 800,- Sk (23,-€)	month: 2000,- Sk (56,-€)

Highway stickers can be bought at the border or at petrol stations.

#### By train:

Main railway station of Banska Bystrica is 5 km from the competition centre.

Train connections from and to Bratislava, Krakow, Budapest, Prague

More information and train schedules: [www.zsr.sk](http://www.zsr.sk)

**Date of entry:**

**Preliminary entry** (only the number of competitors, officials and type of accommodation, expected date of arrival, expected date of departure)  
(until 30.04.2005)

**Final entry + payment** (number of competitors – men, women, officials; type of accommodation, date of arrival, date of departure, type of transport, photos of competitors and officials)  
(until 10.08.2005)

**Final name entry** (names of competitors, SI numbers, names of officials)  
(until 20.08.2005)

**Details of final entry form:**

Photos of competitors and officials: in JPG (JPEG, BMP, TIFF) – 640x480  
Name of file: **first name\_family name.jpg** (for example: **stefan\_surgan.jpg**)  
SI number include in entry form, in case you need to rent it write: **rent**

**Punching system:**

**SI** – the SportIdent system  
The backup unit will be a needle punch at each control.

**Categories and competitors:**

**Men:** maximum 6 competitors from each country and a maximum 2 relay teams from each country – (only the team with the better result is considered in determining placings).

**Women:** maximum 6 competitors from each country and a maximum 2 relay teams from each country – (only the team with the better result is considered in determining placings).

**Expected winning time:**

<b>discipline</b>	<b>MEN</b>	<b>WOMEN</b>
Middle distance	50-60 min	40-50 min
Long distance – qualification	80-100 min	80-90 min
Long distance - final	90-110 min	70-90 min
Relay	150-180 min	120-150 min

**Entry fee:**

Middle distance: **50,-€ / person**  
Long distance (qualification + final): **70,-€ / person**  
Relay: **150,-€ / relay**  
Officials: **100,-€ / WCh MTBO**  
Late entries: **+50 %**

## Payments

Entry fee and charges for accomodation, board, transport, parking are to be payed on account number until 10<sup>th</sup> August 2005:

IBAN code: **SK068100000275050000247**

Account name : **Sportovy klub BIKO Banska Bystrica**  
CSA 10, Banská Bystrica  
974 01, Slovakia

Bank: S.W.I.F.T. code: **KOMBSKBAXXX**

Bank name : **Komercni banka Bratislava a.s., Slovakia**

Details of charges : **payed by payer OUR**

If any differences or difficulties appear that can be handeled at the registration in cash.

**Media services:** In the competition centre will be a permanent press centre with computers and connection to internet.  
Entry fee for media: **0,- €**  
Accommodation and board: same as competitors  
Transport: same as competitors

**Transport:** during competition:  
middle distance and long distance-final are close to competition centre (by bike or walk)  
Long distance–qualification and relay are within 25 km from competition centre  
On demand we provide transport during the competitions  
Price: 15,-€ person/WChMTBO;  
5,-€ bike/WChMTBO

**Parking:** parking fees to be paid at competition centre  
Bus 30,-€/WChMTBO  
Minibus 20,-€/WChMTBO  
Car 10,-€/WChMTBO

## **Preliminary programme:**

### **Monday 05.09.2005**

#### **Model event**

19.00 Team officials' meeting  
18.00 – 20.00 dinner

### **Tuesday 06.09.2005**

#### **Middle distance**

No transport provided, start reachable by bike

07.00 – 9.00 breakfast  
09.00 start of the first competitor  
12.00 – 15.00 lunch  
18.00 opening ceremony and prize-giving ceremony  
Nam. SNP – the main square of the town  
Welcome drink for team managers (on invitation)  
19.30 – 21.00 dinner  
20.00 Team officials' meeting

**Wednesday 07.09.2005**

**Long distance - qualification**

**1st etap GPS MTBO**

transport provided by organiser or own cars (on demand)

- 7.00 – 9.00 breakfast
- 10.00 start of the first competitor
  - men: 3 heats (60 best are qualified to A-final, 20 best from each heat)
  - women: 3 heats (60 best are qualified to A-final, 20 best from each heat)
- 10.00 start of 1st etap GPS MTBO
- 12.00 – 15.00 lunch at the event centre
- 19.00 Team officials' meeting (if necessary)
- 18.00 – 20.00 dinner

**Thursday 08.09.2005**

**Free day**

- 7.00 – 9.00 breakfast
- 12.00 – 14.00 lunch
- 19.00 Team officials' meeting
- 18.00 – 20.00 dinner

**Friday 09.09.2005**

**Relay**

**2nd etap GPS MTBO**

transport provided by organiser or own cars (on demand)

- 6.30 – 8.30 breakfast
- 10.00 mass start
  - prize-giving ceremony right after the arrival of winning teams
- 12.00 – 15.00 lunch at the event centre
- 14.00 mass start of 2nd etap GPS MTBO, free order of controls
- 19.00 Team officials' meeting
- 18.00-20.00 dinner

**Saturday 10.09.2005**

**Long distance – final**

**3rd etap GPS MTBO**

- 7.00 – 9.00 breakfast
- 10.00 start A-final men, women, 3' start interval
- 13.00 start B-final men, women, 1' start interval
- 12.00 – 15.00 lunch at the event centre
- 13.00 start of 3rd etap GPS MTBO
  - Trail orienteering for disabled competitors, park area near Museum of SNP
- 15.00 – 16.00 prize-giving ceremony of WCh MTBO and awarding the best sportman and sportswoman of competitions
- 20.00 closing ceremony, banquet (dinner)
  - prize-giving of GPS MTBO

**Sunday 11.09.2005**

- 7.00 – 9.00 breakfast
  - departure

**Competition office:** competition office is allocated in the competition centre. It will be open from 2nd September 2005.

Address: Student's hostel 3 University of M. Bel  
Tajovskeho 40  
Banska Bystrica  
Slovakia  
[mtbo2005@orienteering.sk](mailto:mtbo2005@orienteering.sk)

<http://mapy.atlas.sk/mapa/BBcentrum>

For further information before opening the competition office you can also contact a director of competition or a secretary.

**Entry VISAS:** more information: Ministry of Foreign Affairs of Slovak Republic  
[www.foreign.gov.sk](http://www.foreign.gov.sk)  
If a letter of invitation is needed, please contact:

Address: Slovenský zväz orientačných športov  
Junácka 6  
832 80 Bratislava  
Slovakia  
Web page: [www.orienteering.sk](http://www.orienteering.sk)  
e-mail: [slovakia@orienteering.sk](mailto:slovakia@orienteering.sk)  
fax: +421/2/49249207

**Terrain:** For each event we have chosen a different area and terrain.  
Classic continental European terrain, mostly rolling hills covered with forests and trails (having lower hills and shallow valleys, without steep slopes). In other areas there is more broken ground with mountain meadows and pastures. There are also areas with many tracks of different quality, where faster roads may become slower paths in both forest and open areas.

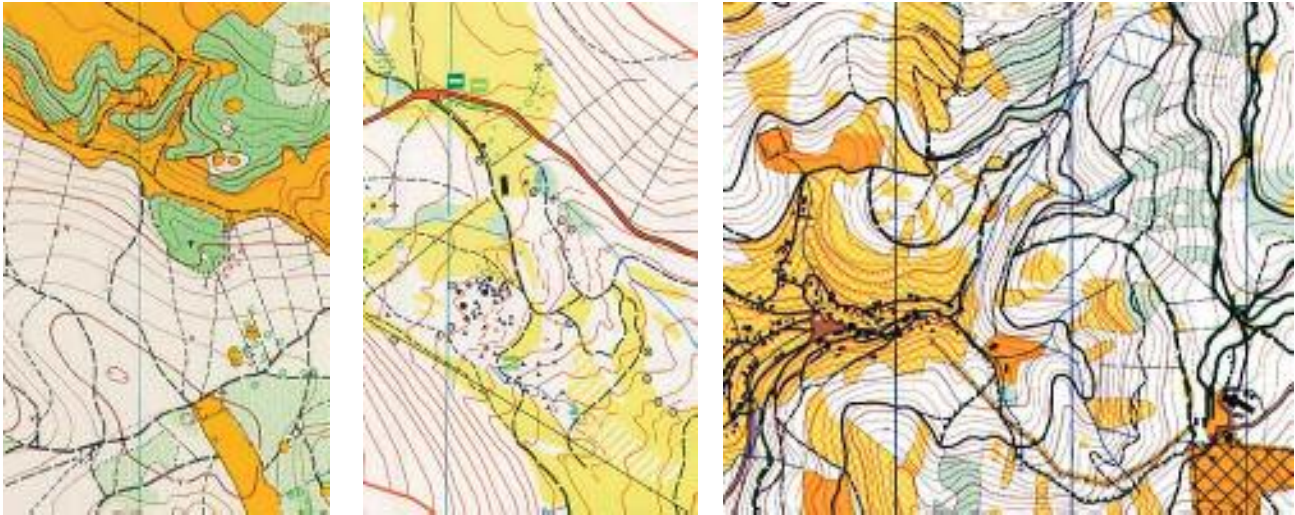
Riding anywhere on meadows and pastures is allowed. These areas will be coloured bright orange on the map. It is forbidden to ride off trail but it is allowed to carry your bike (10cm) above the ground when not on trails. It is forbidden to push your bike when not on trails.

**Middle distance:** Open area close to the town. Mostly meadows and pastures, but also town urban area with houses, gardens and parks.

**Long Distance Qualification:** Mountain terrain, mostly forest with many roads and trails. Most route choices will be long.

**Relay:** Semi open forest mountain terrain with meadows and pastures.

**Final of Long:** Undulating forest terrain with many trails and roads and some meadows and pastures



**Maps:**

All maps are six-coloured MTB orienteering maps on the scale of 1:15 000 or 1:20 000, contour interval is 5 or 10 m. Maps are going to be printed in August 2005, on nonwaterproof material. Sizes are between A4 – A3. Special figures marking changes in forest can also be seen on the info board at the competition centre.

Showing one's map to the other competitors preparing for their courses is strictly forbidden. Competitors cannot keep their maps after finishing their course. Maps will be handed out after start of the last competitor. Older maps of the competition areas will be displayed in the competition centre during the week. They are also available on [www.orienteering.sk/mtbo2005](http://www.orienteering.sk/mtbo2005)

**Summary of entries received (preliminary):**

Country:	Men		Women		officials
	individual	relay	individual	relay	
JAPAN	6	2	3	1	1
AUSTRALIA	6	2	6	2	1
ESTONIA	6	2	0	0	0
ESPANA	6	2	3	1	0
IRELAND	2	1	2	0	0
LITHUANIA	6	2	4	1	0
RUSSIA	6	2	6	2	4
CZECH R.	6	2	6	2	4
PORTUGAL	6	2	2	0	0
HUNGARY	6	2	3	1	0
SWITZERLAND	6	2	4	1	1
GERMANY	6	2	4	1	1
LATVIA	6	2	3	1	0
SLOVAKIA	6	2	6	2	1
AUSTRIA	6	2	4	1	2
ISRAEL	4	1	0	0	0
FINLAND	6	2	6	2	2
FRANCE	6	2	3	1	3
NEW ZELAND	3	1			
DENMARK	4	1			1
SLOVENIJA	6	2	3	1	
	115	38	68	20	21





























































**Weather:**

**Weather and air temperature, morning 7:00, Banska Bystrica, last 5 years:**

day	2000		2001		2002		2003		2004	
	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her
1.9	14		12		14		8		8	
2.9	10		15		17		8		10	
3.9	12		8		11		8		11	
4.9	13		10		13		7		10	
5.9	8		14		15		13		12	
6.9	9		16		15		7		10	
7.9	5		15		12		9		11	
8.9	5		11		13		9		11	
9.9	7		10		12		11		10	
10.9	8		8		12		12		5	
11.9	10		8		10		13		5	
12.9	12		10		10		13		8	
13.9	11		9		7		11		12	
14.9	16		12		4		6		11	
15.9	12		13		10		5		14	
16.9	12		11		9		8		12	
17.9	12		8		5		8		6	
18.9	11		9		9		9		5	
19.9	7		6		10		10		8	
20.9	12		9		9		10		8	

**Weather and air temperature, afternoon 2:00 p.m., Banska Bystrica, last 5 years:**

day	2000		2001		2002		2003		2004	
	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her	t [°C]	weat her
1.9	22		15		25		17		21	
2.9	20		15		21		16		22	
3.9	16		21		25		15		23	
4.9	16		19		26		16		24	
5.9	14		19		24		21		23	
6.9	17		17		17		21		23	
7.9	12		17		23		21		25	
8.9	20		13		26		22		20	

9.9	23		12		25		23		15	
10.9	25		12		25		23		18	
11.9	27		14		22		21		17	
12.9	26		10		16		14		19	
13.9	25		15		14		18		22	
14.9	23		12		17		21		21	
15.9	21		16		15		22		20	
16.9	16		11		14		21		18	
17.9	14		10		14		24		18	
18.9	16		10		14		24		18	
19.9	13		16		18		25		17	
20.9	19		16		19		27		20	

More information and current weather: [www.meteo.sk](http://www.meteo.sk) [www.shmu.sk](http://www.shmu.sk)

### **History of orienteering in Banska Bystrica:**

1954 – first Slovak Orienteering Championships  
 1989 – World Cup in ski orienteering  
 1996 – JWOC in Ski orienteering  
 2000 – JWOC and World Cup in Ski orienteering  
 2000 – World Cup in MTBO (final round)

### **History of MTBO in Banska Bystrica:**

1995 – first competition in MTBO  
 1995 – first map for MTBO  
 1998, 2000, 2002, 2003 – organising of Slovak Championships in MTBO  
 2000 – World Cup in MTBO (final round), considered as the best WC  
 MTBO competitions to date - [www.orienteering.sk/mtbo2000](http://www.orienteering.sk/mtbo2000)

### **Accommodation:**

#### **A: Student's hostel**

(1- 3 beds in room, shower and toilet)  
 full board (breakfast, lunch, dinner)  
 price: accommodation: 10,-€ day/person  
 full board: 15,-€ day/person  
 situated at competition centre

<http://mapy.atlas.sk/mapa/BBcentrum>

#### **B: Hotel \*\*\***

(1- 3 beds in room, shower and toilet)  
 (tennis and squash courts, whirlpool, sauna ...)  
 full board (breakfast, lunch, dinner)  
 price: accommodation: 20,-€ day/person  
 full board: 20,-€ day/person  
 situated 1 km from competition centre



**C: Own accommodation**

If you are arranging accommodation on your own, please agree the place of accommodation with the organiser. It will not be allowed in restricted areas of competitions.

Bicycle storage is available in each accommodation place. There is a bike wash at the event centre as well as at the accommodation place.

At the event centre there will be a shop with spare parts available and a bike service. There are several bike services and shops in Banska Bystrica.

Type B accommodation is only available to those teams who have already requested it in their preliminary entry.

Type A accommodation – Student's hostel is available from 28<sup>th</sup> August 2005.

**Boarding:**

Boarding starts with dinner and ends with breakfast. Entry fee for banquet is included in the price of fullboard. For the competitors who do not order catering the price will be 5,-€ or 150,-SKK/person.

In accommodation A – hostel, the catering will not start earlier than 2nd september 2005. Please be careful when ordering accommodation and boarding in application form.

**Health care:**

About 500 m from competition centre is a hospital. Organiser is not bearing costs connecting to health insurance of participants. We recommend own health insurance. Competitors participate at their own risk. Third party insurance and personal injury insurance is mandatory and shall be the responsibility of their Federation or themselves, according to national regulations.

A first-aid station is located in the event centre. The officials at refreshment controls can inform about the need of first-aid.

**Team officials's meeting:**

Team officials's meetings will be held everyday prior to the competition at 19.00 with an exception on Tuesday when it will be held after the opening ceremony at 20.00. Maximum 2 representatives per federation are allowed.

**More information:** published in the Bulletin No. 4 (given at the registration)  
[www.orienteering.sk/mtbo2005](http://www.orienteering.sk/mtbo2005)

## Program before the World Championships MTBO

### We are recommending:

- 27.08.2005 (Sa)** 6<sup>th</sup> round WRE, middle distance  
**28.08.2005 (Su)** 7<sup>th</sup> round WRE, ultra long distance  
**PLACE:** (Bruntal, Czech Republic 290 km by car from Banska Bystrica),  
[www.mtbo.goczech.cz](http://www.mtbo.goczech.cz)
- 03.09.2005 (Sa)** Slovak open championship MTBO, middle distance  
**04.09.2005 (Su)** Slovak open championship MTBO, free order (short distance)  
**PLACE:** (Kremnica, 50 km by car from Banska Bystrica, 20 km by air)

### GRAND PRIX SLOVAKIA in MTBO (GPS MTBO)

(international open competitions with WChMTBO)

- Date:** 5.-11.9.2005
- Place:** Banska Bystrica and surroundings
- Centre:** area of University of Matej Bel Banska Bystrica  
Centre of GPS MTBO = centre of WChMTBO  
<http://mapy.atlas.sk/mapa/BBcentrum>
- Categories:** M-14, M-18, M19-, M40-, M50-; W-14, W-18, W19-, W40-, open (beginners)
- Entry Fee:** M19-, M40-, W19- 25,- € (3 days) or 10,- € day  
M-18, M50-, W40- 20,- € (3 days) or 8,- € day  
M-14, W-14, open 10,- € (3 days) or 5,- € day
- price without transport (centre to comp. centre and back)
- Transport:** Individual or provided by organizer  
Price: 15,-€ person/3day; 5,-€ bike/3day
- Punching system:** SI - SportIdent , rent price (5,-€ /3 days)
- Program:**
- |                |   |
|----------------|---|
| 5.9.2005 (Mo)  | model event, opening ceremony (WChMTBO and GPS MTBO)  |
| 6.9.2005 (Thu) | spectators day (middle distance WChMTBO)  |
| 7.9.2005 (We)  | <b>middle distance</b> (with WChMTBO)   |
| 8.9.2005 (Th)  | free day  |
| 9.9.2005 (Fr)  | <b>free order</b> - 9 <sup>th</sup> round Slovak cup (after WChMTBO)  |
| 10.9.2005 (Sa) | <b>long distance</b> - 10 <sup>th</sup> round Slovak cup (after WChMTBO A-final), closing ceremony WChMTBO and GPS MTBO |
| 11.9.2005 (Su) | end of competition, departure   |
- Accomodation:** Same as World Championships
- Payments:** at the registration
- More information:** published in next Bulletin (given at the registration)